

Name: _____ Date: _____



What is Energy? Cloze Activity

Directions: Fill in the blanks with the words found in the word bank to complete the Reading Passage. You may use the words more than once.

Word Bank

batteries, bodies, burn coal, eat, electricity, energy, free, fuel,
grow, hold, light, move, natural gas, photosynthesis, power,
stored, sugars, think, use

What is Energy?

_____ helps us do things. It gives us _____. It warms our bodies and homes. It bakes cakes and keeps milk cold. It runs our TVs and our cars. It makes us _____ and _____ and _____.

Energy is the _____ to change things. It is the ability to do work.

Energy is Light

Light is a form of _____ we use all the time. We use it so we can see. We get most of our light from the sun. Working during the day saves money because sunlight is _____.

At night, we must make our own light. Usually, we use electricity to make light. Flashlights use electricity, too. This electricity comes from _____.

Energy is Heat

We use energy to make heat. The food we _____ keeps our _____ warm. Sometimes, when we run or work hard, we get really hot. In the winter, our jackets and blankets _____ in our body heat.

We use the energy _____ in plants and other things to make heat. We burn wood and natural gas to cook food and warm our houses. Factories burn _____ to make the products they sell. Power plants _____ and _____ to make _____.

Energy Makes Things Grow

All living things need energy to _____. Plants use light from the sun to grow. Plants change the _____ from the sun into sugar and store it in their roots and leaves. This is called _____.

Animals can't change _____ energy into _____.

Animals, including people, eat plants and _____ the energy stored in them to _____. Animals can store the energy from plants in their bodies.



What is Energy? Cloze Activity Answer Key

What is Energy?

Energy helps us do things. It gives us **light**. It warms our bodies and homes. It bakes cakes and keeps milk cold. It runs our TVs and our cars. It makes us **grow** and **move** and **think**. **Energy** is the **power** to change things. It is the ability to do work.

Energy is Light

Light is a form of **energy** we use all the time. We use it so we can see. We get most of our light from the sun. Working during the day saves money because sunlight is **free**.

At night, we must make our own light. Usually, we use electricity to make light. Flashlights use electricity, too. This electricity comes from **batteries**.

Energy is Heat

We use energy to make heat. The food we **eat** keeps our **bodies** warm. Sometimes, when we run or work hard, we get really hot. In the winter, our jackets and blankets **hold** in our body heat.

We use the energy **stored** in plants and other things to make heat. We burn wood and natural gas to cook food and warm our houses. Factories burn **fuel** to make the products they sell. Power plants **burn coal** and **natural gas** to make **electricity**.

Energy Makes Things Grow

All living things need energy to **grow**. Plants use light from the sun to grow. Plants change the **energy** from the sun into sugar and store it in their roots and leaves. This is called **photosynthesis**.

Animals can't change **light** energy into **sugars**. Animals, including people, eat plants and **use** the energy stored in them to **grow**. Animals can store the energy from plants in their bodies.