



# The Energy I Used Today

Circle the things you used or did in the left column. When you have completed the list, your teacher will show you how many Energy Bucks each activity or device uses. Write those numbers in the right column, then add them together to find your Total Energy Bucks Used.

## What device woke me up this morning?

### ENERGY BUCKS

Alarm Clock or Radio

\_\_\_\_\_

## What devices were used to make my breakfast?

Microwave

\_\_\_\_\_

Stove/Oven

\_\_\_\_\_

Toaster Oven/Toaster

\_\_\_\_\_

Refrigerator

\_\_\_\_\_

## What devices did I use as I got ready for school this morning?

Air Conditioning/Heating

\_\_\_\_\_

Radio/CD Player/MP3 Player/iPod

\_\_\_\_\_

Gaming System

\_\_\_\_\_

TV/DVD Player

\_\_\_\_\_

Shower/Bath

\_\_\_\_\_

Hair Dryer

\_\_\_\_\_

Curling Iron/Curlers/Flat Iron

\_\_\_\_\_

Telephone/Cell Phone

\_\_\_\_\_

Computer

\_\_\_\_\_

iPad/Tablet

\_\_\_\_\_

## What rooms had lights turned on this morning?

Bedroom

\_\_\_\_\_

Bathroom

\_\_\_\_\_

Kitchen

\_\_\_\_\_

Family Room

\_\_\_\_\_

Other

\_\_\_\_\_